Squares in Squares

Look at the 3 x 3 square grid. It contains 14 squares. Can you find them all? Now look at the 4 x 4 square grid. How many squares does it contain? Can you find a formula linking the size of the grid with the total number of squares it contains? How many squares would there be in a 10 x 10 grid? Can you extend your results to cubes?

